

## Heart and Soul Study – Quick Facts

Baseline exam	1024 participants from 12 outpatient clinics in SF Bay Area
5-year exam	667 participants (>80% of survivors)
Inclusion criteria	Established Coronary Heart Disease <ul style="list-style-type: none"><li>• MI</li><li>• CABG</li><li>• &gt;50% angiographic stenosis</li><li>• Positive stress test</li></ul>
Exclusion criteria	<ul style="list-style-type: none"><li>• History of MI in the prior 6 months</li><li>• Non-ambulatory</li><li>• Planning to move out of local area in next 3 years</li></ul>
Age	<ul style="list-style-type: none"><li>• Mean age 67 (range 45-90) at baseline</li></ul>
Gender	<ul style="list-style-type: none"><li>• 181 (18%) women</li><li>• 843 (82%) men</li></ul>
Race	<ul style="list-style-type: none"><li>• 60% Non-Hispanic White</li><li>• 9% Hispanic White</li><li>• 17% African American</li><li>• 11% Asian</li><li>• 3% Other</li></ul>
Website	Go to: <a href="https://heartandsoulstudy.ucsf.edu">https://heartandsoulstudy.ucsf.edu</a> <ul style="list-style-type: none"><li>• <a href="#">Data collection forms</a></li><li>• <a href="#">Data dictionary</a></li><li>• <a href="#">Analysis proposal form</a></li><li>• <a href="#">Previous publications</a></li></ul>