PARTICIPANT ID	DATE	STAFF ID	VISIT
			Year 5
Y6PPTID	Y6DATE	Y6STAFID	
HF.	ART AND SC	DUL STUDY	
	R 5 INTERVIEW CHEC		
First Name	Last N	Name	
Y6FNM4		Y6LNM4	
Time of arrival: Y6ARR	T AM Time	e of departure: Y6DEP	PM
Please mark when Year 5 visit is co	amplete (i.e. when form is	Comment (write in bo	x below):
ready to be scanned and no inform  1 Year 5 visit comple	ation is pending).	Y6STAT2	
COMPLIANCE WITH INSTRU	CTIONS PRIOR TO STUD	Y APPOINTMENT:	

Instruction		If NO,	Comments/Notes
Did you fast after 8PM last night?	1 Yes O No Y61NST2A	Last meal:  /	Y61NST2E
Did you drink 1-2 glasses of water this morning?	1 Yes 0 No Y61NST4A		Y6INST4B
Did you bring your medication bottles?	1 Yes 0 No ——————————————————————————————————	Did you bring in a 1 Yes O No list of medications?	Y61NST5C

PARTICIPANT ID		ŀ	HEA	RT	AN	1D	SC	)U	L	ST	ND,	Y	
	Last Name												

Form/Procedure	Please mark with an X when completed	Comments/Notes
Informed Consent Form Y61NFCON	1 Yes O No	Y61NFCOM
Blood Draw Y6BLDDRW	1 Yes O No	Y6BLDCOM
Weight Y6WEIGHT	1 Yes O No	Y6WGTCOM
Height Y6HEIGHT	1 Yes O No	Y6HGTCOM
Waist to Hip Ratio Y6RATIO	1 Yes O No	Y6RATCOM
Medication Inventory Y6MEDINV	1 Yes O No	Y6MEDCOM
Psychiatric Interview Y6PSYINT	1 Yes O No	Y6PSYCOM
Questionnaire Y6QUEST	1 Yes O No	Y6QUECOM
Cognitive Function Y6COGFXN	1 Yes O No	Y6COGCOM
Activities of Daily Living	Tyes O No	Y6ADLCOM
Treadmill Y6TRDMIL	1 Yes O No	Y6TRDCOM
Echocardiogram Y6ECHO	1 Yes O No	Y6ECHCOM
EKG Y6EKG	1 Yes O No	Y6EKGCOM
24-Hour Urine Y6URINE	1 Yes O No	Y1URICOM

PART	TCIPANT	ID

## HEART AND SOUL STUDY

BLOOD DRAW	
How difficult was the blood draw?  1 not at all difficult (no problems at all)  2 a bit difficult (have to "fish around" for vein)  3 moderately difficult (two sticks)  4 very difficult (> 2 sticks)	Y6BLDC5
WEIGHT Y6WGHT1  kg  Note: Record weight measurement to nearest 0.1 kg	Y6WGHT2  lbs  Note: Record weight measurement to nearest 0.1 lbs
STANDING HEIGHT Y6HGHT1  cm  Note: Record height measurement to nearest 0.5 cm	Y6HGHT2  inches  Note: Record height measurement to nearest 0.25 inch
WAIST TO HIP RATIO Y6WAI	ST Y6HIP
Waist:cm Note: Record wa	Hip: cm

PA	RTICIPANT	ID

## HEART AND SOUL STUDY •

First Name	Last Name
Y6FNM5	Y6LNM5

HOUR URINE	
1st Collection:  Time of first void: : : : : : : : : : : : : : : : : : :	exact time of the first void. At the exact same time the following day, please have
Y6URIN	IE3
Was all urine saved in Was urine sample — the last 24 hours? refrigerated for 24 hou	Comments/Notes (write in box below):
1 Yes Y6URINE4 1 Yes Y6URINE O No	Y6URINE10
NO, did patient agree to collect another 24-hour u	rine?
1 Yes O No Y6URINE	
	2nd Collection:
If yes, please give the patient a clean	Time of first void: YOURINTO PM
•	
urine jug (or arrange to drop one off) and coordinate to pick-up. Remember to have the patient void and note time	Time of final void: Y6URINT7 PM